

◆ MERT & MONTE'S ◆

Where Hungry People Go / Deli and Catering

215-348-7088

CATERING MENU

◆
This menu is a guide to help you in your decision making process. It does not necessarily represent the full extent of our capabilities. We would be happy to customize a menu for you and to assist you in selecting the best food for your event.

◆
Catering is available 7 days a week (\$200 minimum order on Sundays)

◆
Catering orders are available for pick-up or delivery

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While we request at least a weeks notice for large events, most orders can be arranged with 24 hours notice.

◆
Vegetarian and special restriction diets can be accommodated.

◆
Corporate accounts available

◆
FREE local delivery

◆
All prices subject to a 6% sales tax

◆
VISA, MASTERCARD and AMERICAN EXPRESS accepted

◆
For more information call us at 215-348-7088 or send an email to info@mertandmontes.com. We will get back to you as soon as possible.



BREAKFAST

(Want a little bit of everything. Ask us about customizing your breakfast.)

- BAGELS & MUFFINS** - A variety of muffins, bagels and jellies, butter and cream cheese
- BAKED FRENCH TOAST** - Topped with mixed berries, banana-walnut, apple-raisin or all three
- FRITATA** - Open faced egg omelettes filled with asparagus and ricotta cheese (other varieties available)
- BREAKFAST WRAP** - You choose what to put in them (mini size available for combination orders)
- FULL PLATE** - Scrambled eggs, home fries, sausage, bacon, bagels and all of the condiments
- PANCAKE BREAKFAST** - Our own buttermilk pancakes with all of the toppings

Add coffee \$1.25/ person - Add juice \$1.25/ person - Add fruit \$1.50/ person

DESSERTS

- COOKIE TRAY** - Chocolate chip, peanut butter & oatmeal raisin
- BROWNIE TRAY** - Rocky road, peanut butter, turtle or plain
- CUPCAKES**
- MOUSSE CUP** - Dark and white chocolate mousse cups or other varieties
- STRAWBERRY SHORTCAKE CUP**
- KEY LIME PIE CUP**
- FRUIT SALAD OR CUT FRUIT**

BUSINESS LUNCH SPECIALS

(Minimum of 20 people - you don't have to be a business to advantage of these great lunches. Great for PARTIES)

(Includes beverage, dessert, plates, napkins and utensils)

- HOAGIE LUNCH** - A variety of mini cut hoagies with potato salad, macaroni salad or chips (other types of sandwiches can be substituted)
- ITALIAN LUNCH** - A great Italian Style Lunch. Choose 2 varieties of our homemade pasta wraps, Caesar salad and garlic bread.
- TEX-MEX LUNCH** - A mix of mini burritos,- including steak, chicken, black bean and veggie. Comes with our taco salad and Spanish rice pilaf.
- ASIAN LUNCH** - Chicken Teriyaki or Bourbon Chicken with stir fried vegetables, noodles or fried rice and Asian Salad
- SOUP & SANDWICH LUNCH** - Choice of 2 of our daily soups with deli sandwiches and a Caesar or house salad
- SALAD & SANDWICH** - One entree style salad with a variety of mini cut hoagies
- BARBECUE LUNCH** - BBQ Chicken breast and pulled pork with corn bread, coleslaw, potato salad and rolls
- BOXED LUNCHES** - Lunches in convenient individual boxes. You choose what is in them or have us pick

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SANDWICHES

HOAGIES - Served fully dressed on our special seeded hoagie rolls with lettuce, tomato, onion, salt, pepper & oregano. Priced per 8 inches. Cut into small portions and can be displayed on a tray (\$5)

- **Roast Turkey - Roast Beef - Italian - Chicken Salad - Veggie - Ham&Cheese - Tuna Salad - BLT - the Godfather - the Dutchman**

(3 and 6 foot hoagies available)

FOCACCIA - Our fresh baked focaccia bread makes great sandwiches for any event. Priced per sandwich

- **Caprese - Veggie - Roast Beef - Calabrese - any Deli Variety -**

WRAPS - Wrapped in our plain flour tortillas or low-carb wheat wraps (can be cut into appetizer size)

- **Anti pasta - Chicken Caesar - Greek Chicken - Orchard Chicken - Grilled Veggie - Capicola & Provolone - any Deli Variety**

CREATE A TRAY - Choose between all of our varieties of sandwiches and we will mix them together to make a sandwich tray that will please everyone or make your own sandwiches and have use create a tray with a variety of meats, cheeses and condiments. Price based on varieties.

HOT SANDWICHES

(Served in aluminum tins. Sternos and chafing pans can be rented. Minimum of 12. Rolls served on the side.)

SAUSAGE & PEPPERS - MEATBALLS & SAUCE - HOT ROAST BEEF - ROAST PORK & SAUERKRAUT - ROAST TURKEY BREAST - BBQ PULLED PORK - BBQ BRAISED BEEF - BBQ CHICKEN - CHICKEN CUTLETS - BURGERS - KIELBASA & SAUERKRAUT

GREEN SALADS

(Fresh greens with our own homemade dressings. Great as a side or increase your portions and have as an entree.)

(Priced per portion. Minimum of 12 portions.)

HOUSE - Spring mix, tomatoes, cucumbers, carrots, red onion, olives, roasted red peppers, croutons and your choice of dressings

GREEK - Romaine lettuce, tomatoes, roasted red peppers, Klamata olives, cucumbers, feta cheese, red onion and our house basil vinaigrette

ORCHARD -Spring mix, walnuts, sliced pears, bleu cheese and our raspberry vinaigrette

CAESAR - Romaine lettuce, Parmesan cheese croutons and our Caesar dressing

CHICKEN CAESAR - Our Caesar salad topped with grilled chicken or to add a little spice add a blackened chicken breast

CRAB CAKE CAESAR - Our Caesar salad topped with a broiled crab cake

BLACKENED SHRIMP CAESAR - Our Caesar salad topped with blackened shrimp

ANTI PASTA - Romaine lettuce with capicola, salami, Italian cheese, peppers, tomatoes, cucumbers, olives and our house basil vinaigrette

GRILLED VEGGIE ANTI PASTA - Romaine lettuce, mixed char-grilled vegetables and fresh mozzarella cheese with balsamic vinegar reduction and olive oil.

(salads continue - next page)

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NUTS & BERRIES - Spring mix topped with a variety of berries and candied nuts with raspberry vinaigrette.

CAPRESE - Romaine lettuce, fresh mozzarella, tomatoes, fresh basil, garlic and house vinaigrette.

SPINACH - Baby leaf spinach, grilled portabella mushrooms, bacon, bleu cheese, tomatoes, red onion, egg, croutons and sherry vinaigrette.

MANDARIN CHICKEN - Spring mix, teriyaki chicken, almonds, mandarin oranges, bell peppers, red onion, crispy noodles and honey-soy dressing.

SOUTHWEST CHICKEN - Romaine lettuce, spicy grilled chicken breast, tomatoes, black beans, cheddar cheese, roasted corn, tortilla strips and buttermilk dressing.

MEDITERRANEAN CHOPPED - Finely chopped romaine lettuce, olives, tomatoes, feta cheese, pine nuts, artichokes, tomatoes, eggplant, fresh basil, chick peas, peppers and a red wine vinaigrette.

NEPTUNE - Chilled shrimp, scallops and lump crab over finely chopped greens with lemon-pepper vinaigrette.

TACO - Lettuce, cheese, tomatoes, peppers, onion, tortillas, red beans and ground beef or chicken with a southwestern ranch dressing.

SURF & TURF - Romaine lettuce, grilled shrimp, sliced London broil, tomatoes and a garlic bleu cheese dressing.

LONDON SALAD - Romaine lettuce, sliced London broil, frizzled potatoes, bacon, sharp cheddar and ranch dressing.

FINGER FOODS

(30 piece minimum)

CAJUN SHRIMP COCKTAIL - Chilled Cajun spiced shrimp with red pepper aoli and lemon.

MINI QUICHE - Many varieties. Mix and match.

ASPARAGUS WRAPS - With Prosciutto and Fontina cheese fondue.

CHICKEN WINGS - With hot sauce, bleu cheese and celery.

TURKEY WINGS - BBQ or Bourbon style.

CLAMS CASINO - Littleneck clams broiled with a bacon topping.

OYSTERS ROCKEFELLER - Topped with bacon, spinach and cheese.

CHICKEN SATE - Served with a spicy peanut sauce.

COCONUT SHRIMP - With orange dipping sauce.

STUFFED NEW POTATO - With cheddar, bacon and horseradish filling.

FOCACCIA SQUARES - Fresh baked crisp focaccia with different toppings.

SILVER DOLLAR SANDWICHES - Mini size rolls filled with different ingredients.

MINI WRAPS - Our regular variety of wraps sliced thin for single bite servings.

TORTILLA ROLL UPS - With cheese, avocado, olives, tomatoes, red onion and ranch.

CROSTINI - Garlic toast topped with a variety of ingredients (tuna, filet, smoked salmon).

MINI BURRITOS - Chicken, beef, pork or vegetarian.

WONTON WRAPPERS - Pork or vegetarian.

STUFFED MUSHROOMS - Seafood or spinach and cheese (portabella mushrooms also available).

SPINACH BITES - Baked croquettes of spinach and cheese with sweet and sour mustard.

PIGS IN A BLANKET - With spicy mustard.

LOLLIPOP LAMB CHOPS - With port wine demi glace or apricot-jalapeno.

ST LOUIS RIB - BBQ or Teriyaki.

STUFFED CELERY - With roasted pepper hummus, chive cream cheese or cashew butter.

MINI LATKA - Mini potato pancakes with sour cream. Also good with smoked salmon.

RISOTTO CROQUETTES - Risotto and fontina cheese breaded and deep fried with marinara.

(finger food continue - next page)

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BRIE & APPLE CUPS - Filo cups filled with Brie cheese, chopped apples and raspberry jam.
OLIVE & FETA CUPS - Filo cups filled with feta cheese, olives, basil roasted peppers.
PIEROGIES - Hungarian style with sour cream. Also great as a side dish.
FRIED RAVIOLI - Breaded and fried cheese ravioli served with marinara.
SWEDISH MEATBALLS-
DEVEILED EGGS - Traditional egg and dijon filling or have them stuffed with crab salad.
MINI QUESADILLAS - Chicken, beef or bean and cheese.
VEGETABLE CRUDITE - Sliced raw veggies with garlic bleu cheese dressing or hummus.
POTATO SKINS - Broccoli and cheddar, bacon and cheese or southwest style.
STUFFED CHERRY TOMATOES - With herb cream cheese.
SPANIKOPITA - Spinach and feta cheese pie.

DIPS

(Priced per quart. Discounted prices on larger quantities.)

SALSA - Made to order with our own fresh tortilla chips.
FRUIT SALSA - Fruit salsa with cinnamon tortilla chips. Great as a snack or dessert.
SPINACH & ARTICHOKE - Creamy dip with roasted garlic. Comes with pita chips.
CRAB AU GRATIN - Creamy crab and cheese dip served warm with sliced Italian bread.
GUACAMOLE - Made fresh with our tortilla chips.
HUMMUS - Chick pea spread with roasted red peppers. Comes wit pita chips.
BABA GHANOUJ - Mid-Eastern eggplant spread. Comes with pita chips.
BRUSCHETTA - Chopped tomatoes, basil, garlic and seasonings with sliced Italian bread.
BLACK BEAN DIP - Southwestern style with tortilla chips.
WHITE BEAN & FENNEL - Blended white beans and roasted fennel with garlic toast.
CHEDDAR HORSERADISH - Cheddar and horseradish spread with flat bread crisps.
OLIVE TAPENADE - Chopped mixed olive relish with garlic toast.

ENTREES

(Priced per portion. Minimum 12. Served in aluminum tins.)

CHICKEN CUTLETS - Breaded chicken breast with Italian Seasonings and lemon wedge.
CHICKEN PARMESAN - Breaded chicken cutlets, sauce and cheese.
CHICKEN MARSALA - Sauteed chicken breast topped with asparagus and Provolone cheese and Madeira sauce.
CHICKEN PICATTA - Sauteed chicken breast in lemon, wine and parsley sauce. A M&M Specialty!
1/2 BAKED HERB CHICKEN - Half roasted chicken with a blend of herbs and seasonings.
CHICKEN ROLLATINI - Sun-dried tomatoes, eggplant and smoked mozzarella in Marsala sauce.
CHICKEN CORDON BLEU - Breaded chicken cutlet, ham, swiss cheese, spinach and garlic cream sauce.
CHICKEN IN PASTRY - Baked at home entree and well worth it. Stuffed breast of chicken wrapped in pastry.
BOURBON CHICKEN - Chinese style chicken breast in a Bourbon sauce with chopped peppers and onions.
CHICKEN CACCIATORE - Sauteed chicken breast, peppers, onions and a spicy marinara sauce.
PONDEROSA CHICKEN - Blackened chicken breast topped with salsa, black beans and cheese.

(entrees continue - next page)

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SALTIMBOCCA - Sautéed chicken breast, eggplant, salami, provolone and red sauce.

CRAB CAKES - Maryland style crab cakes made with claw and back fin crab meat. Upgrade to jumbo lump.

FILET MIGNON - Whole roasted filet or individually grilled with sautéed mushrooms and onions.

STUFFED SIRLOIN - Top round sirloin sliced thin and stuffed with chorizo, peppers, onions and cheese.

STUFFED FLOUNDER - With crab imperial and topped with a light scampi sauce.

STUFFED SHRIMP - With crab imperial and lemon butter sauce.

SALMON JARDINIÈRE - Broiled salmon topped with thin sliced veggies and crumbs in a lemon wine sauce.

SALMON IN POUCH - Salmon, herbs and aromatic vegetables baked in a foil pouch. Other fish varieties available.

SALMON IN PASTRY - Salmon with a spinach stuffing and wrapped in a pastry with a garlic cream sauce. Bake at home.

SEAFOOD NEWBURG - Shrimp, scallops and crab in a creamy seafood sauce with pastry.

PORK WELLINGTON - Whole roasted or individual. With a pork demi glace.

PORK FORESTER - Sautéed pork tenderloin, spinach, mushrooms, bacon and tomatoes.

PORK ROULADE - Rolled and stuffed pork tenderloin with garlic, cheese and sun-dried tomato.

ROAST PORK LOIN - Sliced thin or served whole. With rosemary and garlic.

SAUTEED PORK CHOP - With spinach, cheese, pine nuts and sun dried tomatoes. Have us cook them or grill at home.

POT ROAST - Slow roasted pot roast in its own gravy.

TERIYAKI - Our own teriyaki sauce with chicken breast, NY strip, salmon or shrimp with peppers and onions.

MEATLOAF - Traditional style with gravy or our eggplant wrapped meatloaf with sun dried tomatoes.

BABY BACK RIBS - Slow smoked and basted with our Southwest style BBQ sauce.

BBQ CHICKEN - Whole chicken split and char grilled with our BBQ sauce..

BBQ SHRIMP - Skewered Jumbo Shrimp wrapped in bacon and grilled with BBQ sauce.

BURRITOS - Beef, chicken, black bean or veggie with salsa and sour cream.

FAJITA BAR -

ATHENS EGGPLANT - Breaded eggplant, spinach, feta cheese, tomatoes and garlic cream sauce.

EGGPLANT PARMESAN - Breaded eggplant, sauce and cheese.

QUICHE - Different varieties to choose from. With or without crust. Individual or whole baked.

BLACK BEAN CAKES - Grilled patties made with black beans, veggies and spices. Comes with salsa and sour cream.

STUFFED PEPPERS - Stuffed with beef, rice and cheese or bean, spinach and cheese.

PASTA, CASSEROLES & PLATTERS

SEAFOOD PASTA WRAPS - Pasta stuffed with shrimp scallops and cheese in a creamy tomato sauce.

CHEESE PASTA WRAPS - Pasta stuffed with a blend of cheeses and served in a tomato basil sauce.

MUSHROOM PASTA WRAPS - Pasta stuffed with a blend of mushrooms and cheese in a chunky tomato ragu.

CHICKEN & ARTICHOKE SCAMPI - Sautéed chicken and artichokes tossed with farfalle and scampi sauce.

PASTA PRIMAVERA - Vegetables and garlic cream sauce tossed over pasta or rice.

PASTA *ALLA* FIELDER - Beef tenderloin, mushrooms, scallions, tomatoes and brandy cream sauce tossed with pasta.

MAMOU - Shrimp, andouille sausage and veggies in a creamy Cajun sauce over pasta or rice.

GRILLED VEGETABLE SAUTE - Grilled vegetables sautéed with garlic and wine and served over pasta or rice. (Add chicken to dish for additional cost)

TURKEY TETTRAZINI - Turkey, mushrooms, fresh herbs and Parmesan cheese tossed with pasta or served over rice.

SHRIMP SCAMPI - Shrimp in a scampi sauce tossed with pasta.

DIVINE - Chicken, ham and broccoli in a garlic cream sauce over rice or pasta.

STIR FRY - Chicken, beef or shrimp stir fried with veggies in Asian seasonings. Over rice or noodles.

(pasta, casseroles and platters continue - next page)

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BOLOGNESE - Tomato and meat sauce served over choice of pasta.

ALFREDO - Creamy garlic cheese sauce over pasta. (Add chicken or shrimp for an additional cost)

STUFFED SHELLS - Stuffed with ricotta cheese and spinach topped with sauce.

CARBONARA - Creamy sauce with bacon over pasta.

RAVIOLI ALLA VODKA - Cheese ravioli in a creamy tomato vodka sauce. (Add chicken or shrimp for an additional cost)

SPAGHETTI & MEATBALLS - Giant homemade meatballs with sauce and spaghetti.

LINGUINE WITH CLAMS - In red or white sauce with whole littleneck clams.

SEAFOOD FRA DIAVALO - Shrimp, scallops, clams and calamari in a spicy red sauce.

SHEPHERDS PIE - Baked ground beef and vegetables topped with mashed potatoes.

SAUSAGE & BROCCOLI RABE - Sautéed broccoli rabe, garlic and Italian sausage tossed with pasta.

NOODLE KUGLE - Baked creamy noodle casserole. Slightly sweet with cinnamon.

JAMBALAYA - Cajun rice, shrimp chicken, andouille sausage and veggies.

PAD THAI - Thai noodle dish with chicken, shrimp, egg, peanuts and veggies.

SOUPS

You want soup! We've got soup!!

Mert & Monte's offers a large variety of delicious, homemade soups. There are far too many to list here. Tell us what you like and we can make suggestions or come up with an option that will tempt your taste buds.

(Sold by the gallon)

COLD SIDES

(Priced per serving. Minimum 20 servings)

RED SKIN POTATO SALAD

MACARONI SALAD

PASTA SALAD

MARINATED VEGETABLES

FRUIT SALAD

CUCUMBER SALAD

COLD SESAME NOODLES

EGG SALAD

ATHENA MACARONI

BARLEY & SWEET CORN SALAD

APPLE SAUCE

ROLLS & BUTTER

GERMAN STYLE POTATO SALAD

COLE SLAW

TOASTED GARLIC ORZO

CARROT / RAISIN SALAD

CUT FRUIT

BROCCOLI, PINE NUTS & CURRANTS

SEAFOOD SALAD CHICKEN SALAD

TABBOULEH

OLIVE SALAD

PECAN-APRICOT RICE SALAD

CORN BREAD

HOT SIDES

PASTA & SAUCE

BAKED ZITI

TWICE BAKED POTATOES

VEGETABLE MEDLEY

SPAETZLE

LENTIL & BROWN RICE PILAF

VEGETABLE FRIED RICE

SWEET POTATOES

SAUTEED SPINACH

TOMATO PIE

BAKED BEANS VEGETARIAN

MASHED POTATOES

LYONNAISE POTATOES

MACARONI & CHEESE

CUBAN BLACK BEANS

RICE CROQUETTES

GREEN BEAN ALMONDINE

BROCCOLI AU GRATIN

GARLIC BREAD